

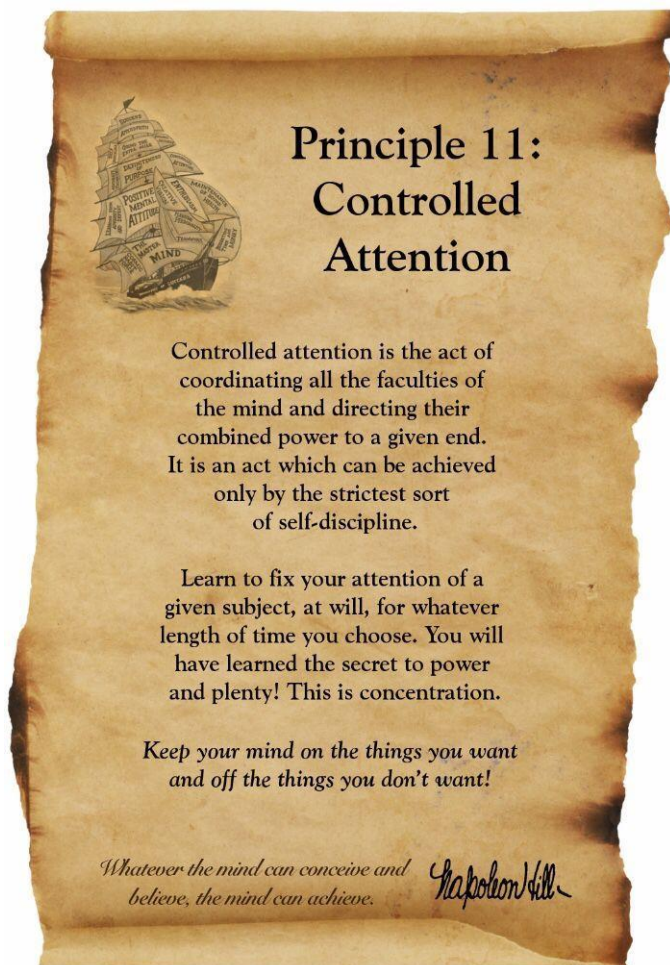
## Lesson 11 – Controlled Attention

Pat yourself on the back

Today is a great day!

New Continuous Sales Improvement Facebook group

<https://www.facebook.com/groups/614464486599886>



Concentration - the action or power of focusing one's attention or mental effort.



The energy of a flashlight, when focused, becomes a laser that can cut steel.

Focus on Revenue Producing Activities

Weight Loss Goal – increased my commitment

Billy Mills - <https://www.youtube.com/watch?v=VVIKVWFmfhk&t=6s>

Bonus Video – Controlled Attention

[https://www.youtube.com/watch?v=2dMtM5\\_8YSw](https://www.youtube.com/watch?v=2dMtM5_8YSw)

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Joint Venture Class - <https://ericlofholm.lpages.co/webinar-joint-ventures/>