

Lesson 3 – Applied Faith

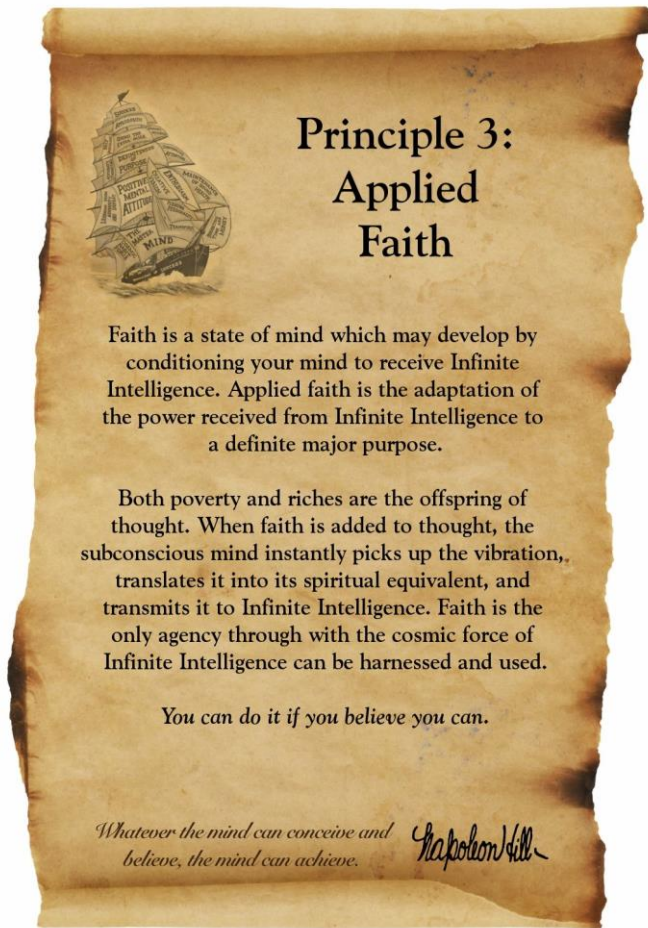
Pat yourself on the back

Today is a great day!

We are lifting the weights of success

Why thoughts matter





Applied Faith combined with your definiteness of purpose

So in your career if you are a realtor and you want to do 24 transactions per year (2 per month) you would tell yourself over and over and over and over again that you do 24 transactions per year. By doing this you will install this belief in your mind. Then you operate as if this is going to happen. No one can convince you otherwise. Your belief becomes solidified in your unconscious mind.

This is exactly what I did at age 28. I began to affirm I am the top sales trainer of my generation. And I said this to myself thousands of times to the point I solidified that belief in my unconscious mind.

In a sales context you can apply the principle by going into a presentation and expecting to make the sale.

In a relationship I expected my wife to show up



Worked for Tony Robbins



Today's Bonus Video Applied Faith-

<https://www.youtube.com/watch?v=uo3PI8cho6Y&t=298s>